

EARTH DAY 2022 Telespazio UK Investing in our Planet

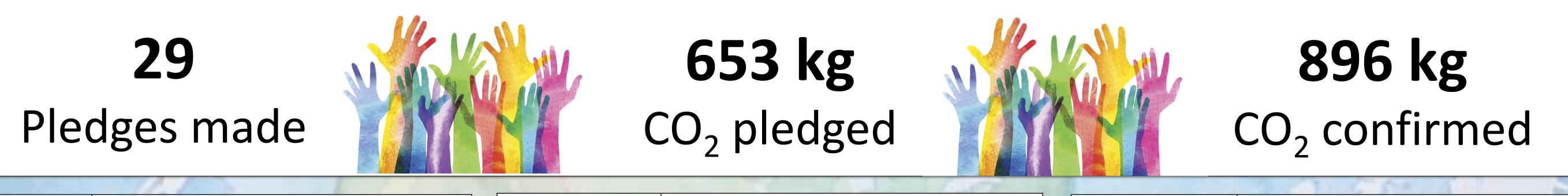
Telespazio UK employees are making daily steps towards better sustainability

It is often the small, every day actions that make the most difference over time. Telespazio is working with employees to make small steps that can have an impact. We are at the beginning of our journey but know it is imperative for companies of all sizes take action and embrace the benefits of a green economy.

Telespazio is committed to educating and supporting its employees to consider their day-to-day actions with sustainability in mind. Employees are being supported and encouraged to look at their own personal carbon footprint and consider small changes that they can make in their daily life/ habits for the benefit of themselves and the planet.

The Earth Day 2022 theme is **Invest In Our Planet**. What Will You Do? Telespazio UK employees have been making pledges to make our world a better place. Why don't you join us by making your own pledge?

How are we doing so far in 2022?





'Recycle old clothes'
40 kg of CO₂ pledged
During the next two months, I'll
declutter my wardrobe and



'Tea time!' 5 kg of CO₂ pledged

I boil my kettle 3-5 times a day. Over the next two months, I



'Cool cleaning' 10 kg of CO₂ pledged I do about 10 loads of laundry a week. For the next two months

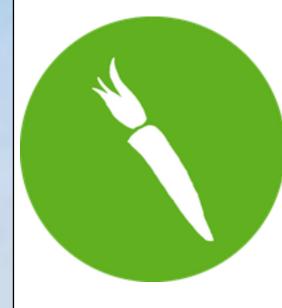
donate or recycle 15 + items of clothing.

Bethan McAulay

pledge to only boil as muchwater as I need for my tea.Alexandra Graveraux

I pledge to do all these loads at 30°C.

Martin Bransby



'Eat seasonal food'3 kg of CO₂ pledged

At the moment, I occasionally think about if my food is in season. Over the next two months, I'll eat seasonal food 5 days per week.

Erica Turner



'Smart drive' 22 kg of CO₂ pledged

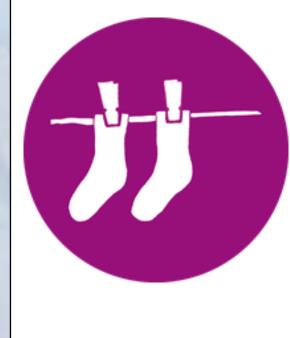
Over the next two months I'll use air con sparingly, break/accelerate smoothly and remove unnecessary things from the car.

Siân O'Hara



'Investing in green' 1 kg of CO₂ pledged Over the next two months, I will move my current & savings account to providers that don't invest in carbon polluting industries..

Amanda Hall



'Hang dry washing' 8 kg of CO₂ pledged

washing.

I do about 7 washes a week and I tend to use a tumble dryer every time. For the next two months, I pledge to hang dry my



'Sustainable palm oil' 1 kg of CO₂ pledged

Over the next two months, when out shopping I'll do my best to avoid products made with unsustainable palm oil. **'Sweet temptations' 1 kg of CO₂ pledged** Over the next two months, I'll try completely cutting sugar out from my diet.

Krupa Kumar

Sian Riches

Kajal Haria

